

Article

Volatile Compounds from *Salvia verticillata* L. – Case Study from Serbia (Kopaonik Mountain) and Comparison to Literature Data

Milica Aćimović^{1,*}, Ružica Igić², Dragana Vukov², Marina Todosijević³, Ivan Šalamon⁴, and Katarina Radovanović⁵

¹ Department of Vegetables and Alternative Crops, Institute of Field and Vegetable Crops Novi Sad, Maksima Gorkog 30, 21000 Novi Sad, Serbia

² Department of Biology and Ecology, Faculty of Sciences, University of Novi Sad, Trg Dositeja Obradovića 2, 21000 Novi Sad

³ Department of Organic Chemistry, Faculty of Chemistry, University of Belgrade, Studentski Trg 12-16, 11000 Belgrade

⁴ Department of Ecology, Faculty of Humanities and Natural Sciences, University of Presov

⁵ Department of Pharmacy, Faculty of Medicine, University of Novi Sad, Hajduk Veljkova 3, 21000 Novi Sad

* Correspondence: acimovicbabicmilica@gmail.com

Received: 12 September 2024; Accepted: 2 December 2024

Abstract: The genus *Salvia* is the largest genus within the plant family Lamiaceae. However, in Serbia, only 14 species grow in nature, and *S. verticillata* L., or lilac sage, is one of them. Although this plant is rich in biologically active compounds, it is relatively rarely used. In Serbian traditional medicine, herbal tea prepared from the aerial parts of *S. verticillata* is used as an expectorant, to disinfect the oral cavity, or as a cataplasm for wound healing. The root is used to relieve gastrointestinal complaints, lower blood sugar, and treat various types of cancer. The aim of this research was to investigate the GC-MS profile of essential oil obtained by hydro distillation from plants collected in Kopaonik Mountain and compare the results with literature data collected via scientific databases. Among 63 compounds, the dominant ones were: germacrene D (27.2%) and *trans*-caryophyllene (11.5%). A literature review identified 19 papers on the chemical composition of *S. verticillata* essential oil, all of which report the dominance of sesquiterpenes as the dominant class of compounds. Sesquiterpenes have been reported to possess numerous biological activities, which supports the pharmacological potential of this plant.

Keywords: lilac sage; essential oil; germacrene D; and *trans*-caryophyllene

1. Introduction

The genus *Salvia* is the largest genus within the plant family Lamiaceae. However, in Serbia, only 14 species grow in nature, and *Salvia verticillata* L. is one of them [1]. This species, commonly known as lilac sage, is a perennial plant with a well-developed root system and semi-bushy aerial parts, with multiple branched upright stems. The entire epidermis of the plant is densely covered by glandular hairs, responsible for accumulating essential oil [2]. The leaves are elliptic or ovate-oblong, and the verticillasters are composed of dark violet-purple, two-lipped flowers [3]. It grows in grasslands, on sunny slopes, in fallow areas and along railroads in south-eastern and Central Europe, Caucasus, western Siberia and Near East [4].

The plant possesses a woody and spicy odor, derived from essential oil with sesquiterpene hydrocarbons as the prevailing group of volatile compounds [2] with germacrene D, β -caryophyllene, and its isomer α -humulene as the main compounds [5]. Additionally, *S. verticillata* is rich in

biologically active compounds. Different types of extracts from aerial parts and roots show a wide spectrum of bioactive compounds and numerous pharmacological activities [6]. For example, dichlorometane, hexane, methanol, and water extract of *S. verticillata* aerial parts contain high amounts of phenolic acids and flavonoids [7;8;9;10]. Moreover, 28 compounds were detected in the hydromethanolic leaf extract of *S. verticillata*, with phenolic acids, mainly caffeic acid derivatives, as the main ingredients [11]. Furthermore, polyphenols were also detected in methanol and ethanol extracts of *S. verticillata* roots [9;12]. Finally, a wide range of terpenoid compounds, such as diterpenoids (7 α -acetoxyroyleanone and 7 α -hydroxyroyleanone), tanshinones were also noted in this plant [9;13].

S. verticillata is a rarely used plant in Serbian traditional medicine. It is prepared as a herbal tea from the aerial parts, taken internally as an expectorant, for disinfecting the oral cavity, or applied externally as a cataplasm for wound healing [14]. The root is used to relieve gastrointestinal problems and lower blood sugar [15]. However, in recent decades, *S. verticillata* has been increasingly used to treat different types of cancer [16].

The aim of this study was to investigate the chemical composition of essential oil obtained by hydro distillation from plants collected in Kopaonik Mountain and to compare the results with literature data from scientific databases.

2. Materials and Methods

The aerial parts of *S. verticillata* were collected in Brzeće, Kopaonik Mountain (43.278883; 20.875361) at the flowering stage (Figure 1a). Plant material was identified by Prof. Ružica Igić according to the Flora of Serbia (Figure 1b) [1], and deposited in BUNS Herbarium. For further investigations, the plant material was dried naturally to a constant weight, milled, and subjected to hydro distillation using a Clevenger-type apparatus for 3 hours. Gas chromatography coupled with mass spectrometry (GC–MS) was used to identify and quantify volatile compounds in the essential oil. The devices and conditions were previously described in detail [17].



Figure 1. *Salvia verticillata* L. – the upper part of the stem with leaves and flowers (a) Plant in the nature (photo M. Aćimović); (b) Description according to Flora of Serbia (photo M. Gajić [1])

3. Results

GC-MS analysis of the chemical composition of the aerial parts of *S. verticillata* showed the presence of 63 compounds, the dominant compounds being: germacrene D (27.2%) and *trans*-caryophyllene (11.5%), followed by: α -humulene (4.9%), spathulenol (4.4%), δ -cadinene (3.2%), α -cadinol (3.2%), germacra-4(15),5,10(14)-trien-1- α -ol (2.7%), *trans*- β -farnesene (2.6%), bicyclogermacrene (2.6%), caryophyllene oxide (2.0%), β -phellandrene (1.7%), β -copaene (1.6%), γ -muurolene (1.4%), phytol (1.3%), γ -cadinene (1.2%), β -bourbonene (1.1%), and *epi*- α -murrolol (1.0%). Other compounds were present in amounts less than 1.0% (Table 1).

A review of literature found 19 papers detailing the chemical composition of *S. verticillata* essential oil. The results are provided Table 1 (from newest to oldest), alongside the results of this study (TS).

4. Discussion

According to the literature review, the chemical composition varies significantly depending on the origin of population [25;26;30;31], subspecies (i.e. ssp. *amasica* or ssp. *verticillata*) [19;20;21;23;28], plant part (aerial part, leaves, flowers) [2;19;35], sampling period [2], isolation and analysis method (simultaneous distillation and extraction by Likens-Nickerson, SFE-CO₂, headspace, etc.) [22;36].

A total of 39 different oil components were identified in three populations of *S. verticillata* from different locations in Serbia, but only 23 to 27 components were found in individual populations [31]. The dominant components in populations from Vrdnik and Rimski Sanac were germacrene D (48.0% and 24.6%, respectively) and *trans*-caryophyllene (13.4% and 19.0%, respectively), whereas the dominant components in population from Mount Tara were *trans*-caryophyllene (10.2%), β -cubebene (8.6%), and eicosane (8.5%).

In Iran, 64 constituents were identified in wild plants of *S. verticillata* with *trans*-caryophyllene (14.7%), α -gurjunene (12.8%), germacrene D (8.7%), α -humulene (7.7%), β -phellandrene (6.6%), β -pinene (6.5%) and bicyclgermacrene (6.4%) as the major constituents [26]. Furthermore, 51 components were specific for cultivated plants with *trans*-caryophyllene (17.8%), β -phellandrene (14.2%), α -humulene (10.2%), α -pinene (5.7%), germacrene D (5.2%) as the dominant constituents. In another study on *S. verticillata* conducted in Iran, 59 components were identified, with *trans*-caryophyllene (24.40%), β -phellandrene (9.08%), α -humulene (8.61%), bicyclgermacrene (6.32%), spathulenol (5.89%) and β -pinene (5.00%) as the dominant constituents [16]. Furthermore, 27 components were specific for *S. verticillata* from Iran, with β -caryophyllene (24.7%), γ -muurolene (22.8%), limonene (8.9%) and α -humulene (7.8%) as the dominant constituents [34]. In *S. verticillata* oil from Iran, sesquiterpenoids were the major compound group, including *trans*-caryophyllene (31.5%) and germacrene D (16.2%), followed by limonene (15.5%), α -pinene (10.4%) and α -humulene (9.4%) [37]. *S. verticillata* essential oil from Iran contained primarily *trans*-caryophyllene (18.8%), germacrene D (9.5%), spathulenol (7.5%), sabinene (6.5%), and bicyclo [3.1.1] heptane,6,6-dime (6.0%) among the 65 identified components, comprising 96.1% of the total elements in the oil of the herb [24].

In water-distilled essential oil was obtained from the dried aerial parts of *S. verticillata* L. subsp. *verticillata* from the southeastern region of Turkey a total 39 components were identified, with spathulenol (31.0%), α -pinene (8.2%), limonene (4.1%) and hexahydrofarnesyl acetone (3.8%) as the main constituents [21]. *S. verticillata* subsp. *amasiaca* from Turkey exhibited high levels of germacrene D (36.6%), β -caryophyllene (7.6%), hexadecanoic acid (6.7%), and β -copene (5.7%) [28].

A total of 28 components were specific for *S. verticillata* from Greece, with β -pinene (30.7%), *p*-cymene (23.0%), and isopropyl ester of lauric acid (16.8%) as the dominant constituents [32].

It was established that the chemical composition of *S. verticillata* essential oil from the Czech Republic depends on the population. In one population, the dominant compounds were *trans*-caryophyllene (57.6%) and α -humulene (23.7%); in another population β -pinene (29.0%) and limonene (14.0%) were the dominant ones [30].

5. Conclusions

Although there is a significant difference in the chemical composition of *S. verticillata* essential oil depending on many factors (origin of population, subspecies, plant part, sampling period, isolation and analysis method, etc.), almost all samples exhibit the dominance of sesquiterpenes as the dominant class of compounds. Sesquiterpenes have been reported to possess numerous pharmacological activities, therefore it can be assumed that the biological potential of *S. verticillata* originates from sesquiterpenes, primarily germacrene D, *trans*-caryophyllene, α -humulene, and others.

Funding: This research was funded by Ministry of Science, Technological Development and Innovation of Republic of Serbia, grant numbers 451-03-66/2024-03/200032 and 451-03-66/2024-03/200168.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Josifović, M.; Stjepanović, L.; Janković, M.; Gajić, M.; Kojić, M.; Diklić, N. *Flora SR Srbije VI*; Josifovic, M., Ed.; Serbian Academy of Sciences and Arts: Belgrade, Serbia, 1974; pp. 431–436.
2. Giuliani, C.; Ascrizzi, R.; Lupi, D.; Tassera, G.; Santagostini, L.; Giovanetti, M.; Flamini, G.; Fico, G. *Salvia verticillata*: Linking glandular trichomes, volatiles and pollinators. *Phytochemistry* 2018, 155, 53-60.
3. Kaplan, F.; Çakır E.A. Morphological characteristics of some *Salvia L.* taxa in Sakarya Province (Turkey). *Eurasian J. Forest Sci.* 2019, 7(2), 133-144.
4. Dušek, K.; Duškova, E.; Smekalova, K. *Salvia verticillata L.* in the Czech republic – variability of morphological characteristics, seed quality and essential oil content. *Acta Univ. Agric. Silv. Mendel. Brun.* 2010, 58(2), 61-67.
5. Ivanova, S.; Dzhakova, Z.; Staynova, R.; Ivanov, K. *Salvia verticillata (L.)*—Biological Activity, Chemical Profile, and Future Perspectives. *Pharmaceuticals* 2024, 17, 859. <https://doi.org/10.3390/ph17070859>
6. Rahmani, N.; Radjabian, T. Integrative effects of phytohormones in the phenolic acid production in *Salvia verticillata L.* under multi-walled carbon nanotubes and methyl jasmonate elicitation. *BMC Plant Biol.* 2024, 24, 56.
7. Tepe, B.; Eminagaoglu, O.; Akpulat, H.A.; Aydin, E. Antioxidant potentials and rosmarinic acid levels of the methanolic extracts of *Salvia verticillata (L.)* subsp. *verticillata* and *S. verticillata (L.)* subsp. *amasiaca* (Frey & Bornm.) Bornom. *Food Chemistry* 2007, 100, 985-989.
8. Zengin, G.; Llorent-Martinez, E.J.; Fernandez-de Cordova, M.L.; Bahadori, M.B.; Mocan, A.; Locatelli, M.; Aktumsek, A. Chemical composition and biological activities of extracts from three *Salvia* species: *S. blepharochlaena*, *S. euphratica* var. *leiocalycina*, and *S. verticillata* subsp. *amasiaca*. *Ind. Crops Prod.* 2018, 111, 11-21.
9. Matkowski, A.; Zielinska, S.; Oszmianski, J.; Lamer-Zarawska, E. Antioxidant activity of extracts from leaves and roots of *Salvia miltiorrhiza* Bunge, *S. przewalskii* Maxim., and *S. verticillata L.* *Bioresource Technology* 2008, 99, 7892-7896.
10. Yumrutas, O.; Sokmen, A.; Ozturk, N. Determination of in vitro antioxidant activities and phenolic compounds of different extracts of *Salvia verticillata* ssp. *verticillata* and spp. *amasiaca* from Turkey's flora. *Journal of Applied Pharmaceutical Science* 01 (10); 2011: 43-46
11. Stavropoulou, L.S.; Efthimiou, I.; Giova, L.; Manoli, C.; Sinou, P.S.; Zografidis, A.; Lamari, F.N.; Vlastos, D.; Dailianis, S.; Antonopoulou, M. Phytochemical Profile and Evaluation of the Antioxidant, Cyto-Genotoxic, and Antigenotoxic Potential of *Salvia verticillata* Hydromethanolic Extract. *Plants* 2024, 13, 731. <https://doi.org/10.3390/plants13050731>
12. Alamz, Z. Phenolic Compounds, Organic Acid Profiles and Antioxidant Potential of *Salvia verticillata L.* *Turk. J. Nat. Sci.* 2022, 11, 23-29.
13. Nagy, G.; Gunther, G.; Mathe, I.; Blunden, G.; Yang, M.H.; Crabb, T. A. Diterpenoids from *Salvia glutinosa*, *S. austriaca*, *S. tomentosa* and *S. verticillata* roots. *Phytochemistry* 1999, 52, 1105-1109.
14. Katanić Stanković, J.; Srećković, N.; Mišić, D.; Gašić, U.; Imbimbo, P.; Monti, D.M.; Mihailović, V. Bioactivity, biocompatibility and phytochemical assessment of lilac sage, *Salvia verticillata L.* (Lamiaceae) – A plant rich in rosmarinic acid. *Ind. Crops Prod.* 2020, 143, 111932.
15. Barjaktarević, A.; Ćirović, T.; Arsenijević, N.; Volarević, V.; Simović Marković, B.; Mitić, V.; Stankov Jovanović, V.; Cupara, S. Antioxidant, Antimicrobial and Cytotoxic Activities of *Salvia verticillata L.* Extracts. *Indian J. Pharm. Sci.* 2021, 83, 1280-1287.
16. Khosravi Dehaghi, N.; Ostad, S.N.; Maafi, N.; Pedram, S.; Ajani, Y.; Hadjiakhoondi, A.; Khanavi, M. Cytotoxic activity of the essential oil of *Salvia verticillata L.* *Research Journal of Pharmacognosy* 2014, 1(3), 27-33.
17. Aćimović et al. 2024.
18. Gharehbagh, H.J.; Ebrahimi, M.; Dabaghian, F.; Mojtabavi, S.; Hariri, R.; Saeedi, M.; Faramarzi, M.A.; Khanavi, M. Chemical composition, cholinesterase, and α -glucosidase inhibitory activity of the essential oils of some Iranian native *Salvia* species. *BMC Complementary Medicine and Therapies* 2023, 23, 184.
19. Karakaya, S.; Yilmaz, S.V.; Özdemir, Ö.; Koca, M.; Pınar, N.M.; Demirci, B.; Yildirim, K.; Sytar, O.; Turkez, H.; Baser, K. H.C. A caryophyllene oxide and other potential anticholinesterase and anticancer agent in

- Salvia verticillata* subsp. *amasiaca* (Freyn & Bornm.) Bornm. (Lamiaceae). *J. Essent. Oil Res.* **2020**, *32*, 512–525. <https://doi.org/10.1080/10412905.2020.1813212>
20. Vural, N.; Göze, İ.; Ercan, N. Characterization of *Salvia verticillata* L. subsp. *amasiaca* (Freyn & Bornm.) Bornm. essential oil from Turkey. *Nat. Volatiles Essent. Oils* 2019; *6*(1): 40-46
 21. Tabanca N., Demirci B., Aytac Z., Husnu Can Baser K. The chemical composition of *Salvia verticillata* L. subsp. *verticillata* from Turkey. *Nat. Volatiles Essent. Oils* 2017, *4*(1), 18-28.
 22. Šulniute, V.; Baranauskienė, R.; Ragažinskiene, O.; Venskionis, P.R. Comparison of composition of volatile compounds in ten *Salvia* species isolated by different methods. *Flavour Fragr. J.* 2017, *32*(4), 254-264.
 23. Dogan, G.; Hayta, S.; Yuce, E.; Bagci, E. Composition of the essential oil of two *Salvia* taxa (*Salvia sclarea* and *Salvia verticillata* subsp. *verticillata*) from Turkey. *Natural Science and Discovery* 2015, *1*(3), 62-67.
 24. Mahdavi, M., Jouri, M.H., Mahzooni-Kachapi, S., Halimi'Jelodar, S. (2015). Study of chemical composition and antibacterial effects of essential oils of *Stachys lavandulifolia* Vahl., *Salvia verticillata* L., and *Tanacetum polycephalum* Schultz-Bip. on some microbial lineages. *International Journal of Farming and Allied Sciences*, *4*(3),197-206.
 25. Rajabi, Z.; Ebrahimi, M.; Farajpour, M.; Mirza, M.; Ramshini, H. Compositions and yield variation of essential oils among and within nine *Salvia* species from various areas of Iran. *Ind. Crops Prod.* 2014, *61*, 233-239.
 26. Nasermoadei, S.; Rowshan, V.; Abotalebi, A.; Nasermoadei, L.; Charkhchian, M.M. Comparison of *Salvia verticillata* essential oil components in wild and cultivated population. *Annals of Biological Research* 2013, *4*(5), 252-255.
 27. Paknaji, M.; Foroohi, F.; Yousfzadi, M. Antimicrobial activities of the essential oils of five *Salvia* species from Teheran province, Iran. *J. Pharm. Sci.* **2012**, *3*, 12-18.
 28. Kunduhoglu, B.; Kurkcuoglu, M.; Duru, M.E.; Can Baser, K.H. Antimicrobial and anticholinesterase activities of the essential oils isolated from *Salvia dicroantha* Stapf., *Salvia verticillata* L. subsp. *amasiaca* (Freyn and Bornm.) Bornm. and *Salvia wiedemannii* Boiss. *Journal of Medicinal Plants Research* 2011, *5*(29) 6484-6490.
 29. Askun, T.; Baser, K.H.C.; Tumen, G.; Kurkcuoglu, M. Characterization of essential oils of some *Salvia* species and their antimycobacterial activities. *Turk. J. Biol.* 2010, *34*, 89-95.
 30. Smékalová, K.; Dušek, K.; Duškova, E. *Salvia verticillata* L. and *Salvia pratensis* L. – the variability of essential oil content in the Czech Republic. *Acta Hort.* 2010, *860*, 51-60.
 31. Krstić, L.; Malenčić, D.; Anačkov, G. Structural investigations of trichomes and essential oil composition of *Salvia verticillata*. *Bot. Helv.* 2006, *116*, 159-168.
 32. Pitarokili, D.; Tzakou, O.; Loukis, A. Essential oil composition of *Salvia verticillata*, *S. verbenaca*, *S. glutinosa* and *S. candidissima* growing wild in Greece. *Flavour Fragr. J.* 2006, *21*, 670-673.
 33. Chalchat, J.C.; Gorunović, M.S.; Petrović, S.D.; Maksimović, Z. Chemical composition of two wild species of the genus *Salvia* L. from Yugoslavia: *Salvia aethiopsis* and *Salvia verticillata*. *J. Essent. Oil Res.* 2001, *13*, 416-418.
 34. Sefidkon, F.; Khajavi M.S. Chemical composition of the essential oils of two *Salvia* species from Iran: *Salvia verticillata* L. and *Salvia santolinifolia* Boiss. *Flavour Fragr. J.* 1999, *14*, 77-78.
 35. Salehi, N. Chemical composition of the essential oil from stems, leaves and flowers of *Salvia verticillata* L. *J. Chem. Lett.* **2021**, *2*, 50-55.
 36. Rzepa, J.; Wojtal, L.; Staszek, D.; Grygierczyk, G.; Labe, K.; Hajnos, M.; Kowalska, T.; Waksmudzka-Hajnos, M. Fingerprint of selected *Salvia* species by HS-GC-MS analysis of their volatile fraction. *J. Chromatog. Sci.* 2009, *47*, 575-580.
 37. Yousefzadi, M.; Sonboli, A.; Karimi, F.; Ebrahimi, S.N.; Asghari, B.; Zeinali, A. Antimicrobial activity of some *Salvia* species essential oils from Iran. *Z. Naturforsch.* 2007, *62c*, 514-518.

